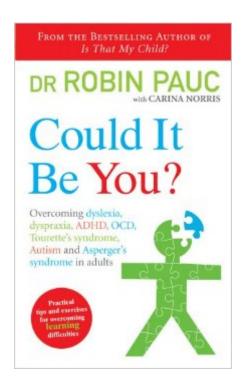
## The book was found

# Could It Be You?: Overcoming Dyslexia, Dyspraxia, ADHD, OCD, Tourette's Syndrome, Autism And Asperger's Syndrome In Adults





# **Synopsis**

Following the massive success of his first book "Is That My Child?" - the groundbreaking guide to overcoming learning difficulties in children - Dr. Robin Pauc turns his attention to adults and provides a revolutionary new way of understanding and treating conditions from dyslexia and dyspraxia to ADHD and Tourette's Syndrome. With sound advice, dietary tips and brain exercises, Dr. Pauc explains the history of adult learning difficulties and provides a lifeline to those suffering from these conditions, including: the impact of learning difficulties on adults; the history and symptoms of learning difficulties; practical ways to treat Dyslexia, Dyspraxia, ADD/ADHD, OCD, Tourette's, autism and Asperger's syndrome; how diet can help adults with learning difficulties; and general and specific exercises to help.

### **Book Information**

Paperback: 208 pages

Publisher: Virgin Books (July 3, 2008)

Language: English

ISBN-10: 0753513390

ISBN-13: 978-0753513392

Product Dimensions: 5.3 x 0.7 x 8.5 inches

Shipping Weight: 8.5 ounces

Average Customer Review: Be the first to review this item

Best Sellers Rank: #3,497,526 in Books (See Top 100 in Books) #60 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Tourette Syndrome #4125 in Books > Medical Books > Psychology > Neuropsychology #4886 in Books > Health, Fitness & Dieting > Psychology & Counseling > Neuropsychology

#### Download to continue reading...

Could it be You?: Overcoming Dyslexia, Dyspraxia, ADHD, OCD, Tourette's Syndrome, Autism and Asperger's Syndrome in Adults Is That My Child?: A Parents Guide to Dyspraxia, Dyslexia, ADD, ADHD, OCD and Tourette's Syndrome of Childhood ADHD: Stories Of Those With Attention Deficit Hyperactivity Disorder And How They Overcame It (Adhd Children, Adhd adult, Adhd parenting, Adhd without ... Adhd advantage, adhd effect on marriage) Asperger's: The Asperger Syndrome Revealed! The Ultimate Information Book (Asperger Disorder, Asperger Syndrome, Aspergers, AS, AD, ASD) Gut and Psychology Syndrome: Natural Treatment for Autism, Dyspraxia, A.D.D., Dyslexia, A.D.H.D., Depression, Schizophrenia Asperger Syndrome Explained: How to Understand

and Communicate When Someone You Love Has Asperger's Syndrome (Autism Spectrum Disorders, Aspergers Relationships) Obsessive Compulsive Disorder: Obsessive Compulsive Disorder OCD Guide To Overcoming Obsessive Compulsive Disorder And Obsessive Compulsive Disorder OCD ... Guide To OCD Treatment And Recovery) ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) The LCP Solution: The Remarkable Nutritional Treatment for ADHD, Dyslexia, and Dyspraxia Misdiagnosis and Dual Diagnoses of Gifted Children and Adults: ADHD, Bipolar, Ocd, Asperger's, Depression, and Other Disorders Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD Eating for Autism: The 10-Step Nutrition Plan to Help Treat Your Child's Autism, Asperger's, or ADHD Kids in the Syndrome Mix of ADHD, LD, Asperger's, Tourette's, Bipolar and Morel: The One Stop Guide for Parents, Teachers and Other Professionals Different . . . Not Less: Inspiring Stories of Achievement and Successful Employment from Adults with Autism, Asperger's, and ADHD OCD: Take CONTROL of Obsessive-Compulsive Behavior for good!: A guide to how to free yourself from Obsessive Compulsive Disorder (OCD). (OCD, Obsessive ... Brain Lock, Delivered from Distraction) Kids in the Syndrome Mix of ADHD, LD, Autism Spectrum, Tourette's, Anxiety, and More!: The one-stop guide for parents, teachers, and other professionals Asperger's on the Job: Must-Have Advice for People with Asperger's or High Functioning Autism and their Employers, Educators, and Advocates Neurodiversity:: A Humorous and Practical Guide to Living with ADHD, Anxiety, Autism, Dyslexia, The Gays, and Everyone Else Dyslexia in Context: Research, Policy and Practice (Dyslexia Series (Whurr)) Elijah's Cup: A Family's Journey into the Community and Culture of High-Functioning Autism and Asperger's Syndrome

**Dmca**